



«!!THE 'ORLY' BIRD!!»

4-7pm daily

2 courses €27 // 3 courses €31



- STARTERS -

Ardsallagh Baked Goat's Cheese
Grilled courgettes, beetroot gnocchi,
fig compote & aged balsamic.



VEGETARIAN

Prawn Pil Pil
Gubbeen chorizo, ginger, garlic, chilli & extra virgin olive oil
served with dipping homemade sourdough bread.

Caesar Salad
Cos lettuce, O'Neill's crispy bacon,
Cratloe Hills sheep cheese & house Caesar dressing.

Irish Roasted Root Vegetable Soup
Served with homemade soda bread
Gluten-free bread option available.



LOW CALORIE ORGANIC

- MAINS -

Muir is Tír [Meer is Tier]
Surf & Turf
15 hours succulent slow cooked Black Angus aged beef
served with Dingle prawns thermidor & creamy mash.



WHEAT FREE

Kilmore Quay Fish Pie
Wright's Atlantic cod, smoked haddock, salmon,
prawns & parmesan mash served with roasted lemon.



WHEAT FREE

Organic Free-Range Chicken Supreme
Squash purée, caramelised Bluebell Fall goat's cheese, grilled
courgettes, gratin potato & wild Irish mushroom sauce.



ORGANIC

Chickpeas & Organic Vegetable
Dhansak Curry



LOW CALORIE ORGANIC VEGETARIAN

Pilau rice, naan bread & mango chutney.
Gluten-free bread option available.

- DESSERTS -

Apple Tarte Tatin
Buttermilk ice-cream.

Baileys Chocolate Mousse
Gingerbread crumbs, winter berry gel, meringue shard...
And pretty as hell!

Teeling Whiskey Poached Pear
Cocoa soil, crème anglaise, brown bread ice-cream.



ADD A MORNING DRINK FOR €4

VIRGIN MIXED BERRY MOJITO

Mix of blackberries, raspberries, mint & fresh lime,
topped up with apple juice

VIRGIN BLOODY MARY

A great way to wake yourself up,
with the perfect kick of tomato juice,
fresh lemon juice, Worcestershire sauce, salt, pepper
& tobasco sauce, garnished with a celery stick

VIT-C JUICE

Super healthy way to start the morning
with a glass of freshly squeezed orange
mixed with cranberry juice

HEINEKEN 0%

If you want to have the beer in hand,
but you know you still have work to do,
go for the a bottle of Heineken non alcoholic

