

# Allergens

## STARTERS



Menu Item/Product description	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products
<b>Castletownbere Scallops</b>																		
Scallops	No	No									Yes							
O Niells black pudding	No	No	Yes				Yes						Yes					
pancetta	Yes	No	Yes															
Squash puree	Yes	Yes																
Smoked cauliflower	Yes	Yes																
<b>Total Castletownbere Scallops</b>	No	No	Yes				Yes				Yes		Yes					

<b>Ardsallagh Baked Goats' Cheese</b>																		
Beets	Yes	Yes																
FiloPastry	Yes	Yes	Yes					Yes										
Rocket	Yes	Yes																
Balsamic	Yes	Yes																
pine kernel	Yes	Yes																
Pistacho	Yes	Yes																
Goats' Cheese	Yes	No							Yes									
<b>Total Ardsallagh Baked Goats' Cheese</b>	Yes	No	Yes					Yes	Yes									

<b>Prawn Pil Pil</b>																		
Galangal	Yes	Yes																
Garlic	Yes	Yes																
Chilli	Yes	Yes																
Dipping Bread	Yes	Yes	Yes															
Mixed Pepper	Yes	Yes																
Chorizo	No	No	Yes															
Prawn	No	No									Yes							
<b>Total Prawn Pil Pil</b>	No	No	Yes								Yes							



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## CHICKEN WINGS



Menu Item/Product description	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Chicken Wings	No	No																	
Soya	Yes	Yes					Yes												
Tomatoes	Yes	Yes																	
Cajun Spice	Yes	Yes																	
Hot Sauce	Yes	Yes																	
Butter	Yes	No							Yes										
Blue Cheese	Yes	No							Yes										
Garlic	Yes	Yes																	
Celery	Yes	Yes													Yes				
Ginger	Yes	Yes																	
Brown Sugar	Yes	Yes																	
<b>Total Chicken Wings</b>	No	No					Yes		Yes						Yes				



















# Allergens

## MAINS (CONTINUED)



Menu Item/Product description	Dietary choices		Cereals containing gluten				Allergens present											
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products
<b>Glazed organic Salmon</b>																		
Organic salmon	No	No									Yes							
onion,garlic ,chilly , corriender	Yes	Yes																
pepper	Yes	Yes	Yes															
Miso	Yes	Yes																
broccoli	Yes	Yes																
spinch ,courgettes, aubergine	Yes	Yes																
soya	Yes		Yes				Yes											
<b>Total Glazedorganic salmon</b>	Yes	No	Yes				Yes			Yes								
<b>Organic Chicken Supereme</b>																		
Organic Chicken superme	No	No																
black garlic	Yes	Yes											Yes					
Jerusalem artichoke	Yes	Yes																
Gratin potato	Yes	No								Yes								
Grilled Girolle	Yes	Yes																
Cepe sauce	Yes	No								Yes			Yes					
<b>Total Organic Free Range Chicken Supereme</b>	No	No	Yes				Yes		Yes				Yes					
<b>Roasted Duck Breast</b>																		
Duck breast	No	No																
Savoy cabbage	Yes	Yes											Yes					
Gratin potato	Yes	No								Yes								
Quince jam	Yes	No																
Port jus	No	No											Yes					
<b>Total Roasted duck Breast</b>	No	No	Yes				Yes		Yes				Yes					





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## DESSERTS (CONTINUED)

Morrison Sundae																
Chocolate Ice Cream	Yes	No								Yes						
Vanilla Ice Cream	Yes	No								Yes						
Strawberry Ice Cream	Yes	No								Yes						
Raspberry	Yes	No								Yes						
Chocolate Sauce	Yes	No								Yes						
Cream	Yes	No								Yes						
Chocolate Nemesis	Yes	No							Yes	Yes						
Raffello	Yes	No								Yes						
Fruit Pastilles	Yes	No														
Kit Kat	Yes	No								Yes						
Chocolate Pearl	Yes	No								Yes						
Popping Candy	Yes	No								Yes						
Caramel Sauce	Yes	No								Yes						
Raspberry Sauce	Yes	Yes														
Macadamian Nuts	Yes	Yes														Yes
Walnuts	Yes	Yes														Yes
Pistachio Nuts	Yes	Yes														Yes
Milky Way	Yes	No								Yes						
Jaffa Cake	Yes	No								Yes						
Marshmallow	Yes	No								Yes						
Honey Combe	Yes	No								Yes						
Mint Ice cream	Yes	No								Yes						
Jelly Beans	Yes	Yes														
<b>Total Morrison Sundae</b>	<b>Yes</b>	<b>No</b>								<b>Yes</b>	<b>Yes</b>					<b>Yes</b>