

Allergens

CLASSICS (CONTINUED)



Menu Item/Product description	Dietary choices		Cereals containing gluten				Allergens present												
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Chickpea & Organic Dahl & Veg Dhansak																			
Chickpeas	Yes	Yes																	
Cauliflower	Yes	Yes																	
Broccoli	Yes	Yes																	
Courgette	Yes	Yes																	
Fine Beans	Yes	Yes																	
Sweet Potato	Yes	Yes																	
Lentil	Yes	Yes																	
Coconut Milk	Yes	Yes																	
Coriander Powder	Yes	Yes																	
Garan Masala	Yes	Yes																	
Naan Bread	Yes	Yes	Yes																
Saffron Rice	Yes	Yes																	
Total Chickpea & Organic Dahl & Veg Dhansak	Yes	Yes	Yes																

Chilli and ginger beef fillet																			
beef fillet strips	No	No																	
straw vegetable	Yes	No																	
E gg noodles	Yes	Yes	Yes					Yes										Yes	
soya	Yes	Yes					Yes												
chilli and ginger	Yes	Yes																	
Garlic	Yes	Yes																	
Total Aged Beef & Guinness Stew	No	No	Yes					Yes										Yes	

Morrison hot wings																			
Chicken Wings	No	No																	
Soya	Yes	Yes					Yes												
Tomatoes	Yes	Yes																	
Cajun Spice	Yes	Yes																	
Hot Sauce	Yes	Yes																	
Butter	Yes	No							Yes										
Blue Cheese	Yes	No							Yes										
Garlic	Yes	Yes																	
Celery	Yes	Yes													Yes				
Ginger	Yes	Yes																	
Brown Sugar	Yes	Yes																	
Total Morrison hot Wings	No	No					Yes		Yes						Yes				

Allergens

MAINS (CONTINUED)



Menu Item/Product description	Dietary choices		Cereals containing gluten				Allergens present												
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Glazed organic Salmon																			
Organic salmon	No	No									Yes								
onion,garlic ,chilly , corriender	Yes	Yes																	
pepper	Yes	Yes	Yes																
Miso	Yes	Yes																	
broccoli	Yes	Yes																	
spinch ,courgettes, aubergine	Yes	Yes																	
soya	Yes		Yes				Yes												
Total Glazedorganic salmon	Yes	No	Yes				Yes			Yes									
Organic Chicken Supereme																			
Organic Chicken superme	No	No																	
black garlic	Yes	Yes										Yes							
Milanse risotto	Yes	Yes							Yes										
Roasted couliflower	Yes	Yes																	
Thyme jus	Yes	Yes																	
Total Organic Chicken Supereme	No	No	Yes				Yes		Yes			Yes							
Roasted lamb rump																			
Lamb Rump	No	No																	
Dauphinoise potato	Yes	No							Yes			Yes							
Mint and peas puree	Yes	Yes																	
Rosemary jus	No	No										Yes							
Total Roasted lamb rump	No	No	Yes				Yes		Yes			Yes							

