Allergen Information **Make a Meal of It Menu**

Menu Item/ Product Description	Dietary choices		Cereals containing gluten				Allergens present												
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Delish Menu, Starter																			
Chicken & Wild Mushroom Parcel	No	No	Yes				Yes		Yes										
Baked Goats' Cheese	Yes	No	Yes				Yes		Yes										
Ham Hock Terrine	No	No	Yes				Yes	Yes	Yes										
Total	**No**	**No**	**Yes**				**Yes**	**Yes**	**Yes**										
Delish Menu, Main																			
Slow Cook Braised Beef	No	No							Yes				Yes						
Pan Fried Supreme Of Chicken	No	No	Yes						Yes				Yes						
Crab Crusted Salmon	No	No	Yes				Yes		Yes	Yes	Yes								
Seared Cod Fillet	No	No							Yes	Yes			Yes						
Total	**No**	**No**	**Yes**				**Yes**		**Yes**	**Yes**	**Yes**		**Yes**						
Delish Menu Dessert																			
White Chocolate & Raspberry Cheesecake	Yes	No	Yes						Yes										Yes
Chocolate Nemesis	Yes	No						Yes	Yes										
Sticky Toffee Pudding	Yes	No	Yes					Yes	Yes										
Total	**Yes**	**No**	**Yes**					**Yes**	**Yes**										**Yes**

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Menu Item/ Product Description	Dietary choices		Cereals containing gluten				Allergens present												
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Switswoo Menu, Starter																			
Ballantine of Irish Salmon	No	No					Yes		Yes				Yes						
Duck Foie Gras Terrine	No	No	Yes					Yes	Yes				Yes						
Thai Fishcake	No	No	Yes					Yes	Yes	Yes	Yes								
Caprese Salad	Yes	No							Yes										Yes
Free Range Chicken & Wild Mushroom In Puff Pastry	No	No	Yes						Yes				Yes						
Warm Salad of Duck Confit	No	No											Yes						Yes
Bluebell Fall Baked Goats' Cheese	Yes	No	Yes						Yes				Yes						Yes
Total	**No**	**No**	**Yes**				**Yes**	**Yes**	**Yes**	**Yes**	**Yes**		**Yes**						**Yes**
Switwoo Menu Main Course																			
Duo Of Beef	No	No							Yes				Yes						
Crispy Seabass Fillet	No	No							Yes	Yes	Yes		Yes						
Pan Fried Chicken Supreme	No	No	Yes						Yes				Yes						
Crab Crusted Salmon	No	No	Yes						Yes	Yes	Yes								
Roasted Striploin of Beef	No	No							Yes				Yes						
Seared Cod Fillet	No	No	Yes						Yes				Yes						
Fillet Steak	No	No							Yes				Yes						
Total	**Yes**	**Yes**	**Yes**						**Yes**	**Yes**	**Yes**		**Yes**						
Switswoo Menu, Dessert																			
Key Lime Pie	Yes	No	Yes						Yes										
Classic Crème Brulee	Yes	No						Yes	Yes										
Trio of Chocolate Desserts	Yes	No	Yes					Yes	Yes										
Lemon Tart	Yes	No	Yes						Yes										
Raspberry & White Chocmjare Cheesecake	Yes	No	Yes					Yes	Yes										
Total	**Yes**	**No**	**Yes**					**Yes**	**Yes**										