

Allergen Information **Morrison Breakfast Spring/Summer 2018 Menu**



Menu Item/ Product Description	Dietary choices		Cereals containing gluten				Allergens present												
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Hot Buffet Breakfast																			
Sausage	No	No	Yes										Yes						
Bacon	No	No																	
Black Pudding	No	No	Yes										Yes						
White Pudding	No	No	Yes										Yes						
Scrambled Egg	Yes	No						Yes											
Mushroom	Yes	No																	
Tomatoes	Yes	Yes																	
Sautéed Potatoes	Yes	Yes							Yes										
Porridge	Yes	Yes	Yes						Yes										
Total	No	No	Yes					Yes	Yes				Yes						
Continental Breakfast																			
Honey	Yes	Yes																	
Maple Syrup	Yes	Yes																	
Brown Sugar	Yes	Yes											Yes						
Strawberry Jam	Yes	Yes																	
Raspberry Jam	Yes	Yes																	
Marmalade	Yes	Yes																	
Fruit Yogurt	Yes	No							Yes										
Fresh Fruit Smoothie	Yes	No							Yes										
Soya Milk	Yes	Yes																	
Orange Segments	Yes	Yes																	
Grapefruit Segments	Yes	Yes																	
Ham	No	No																	
Brie Cheese	Yes	No							Yes										
Tomato Bread	Yes	Yes	Yes																
Olive Bread	Yes	Yes	Yes																
Multi Cereal	Yes	Yes	Yes																Yes
Guinness Bread	Yes	No	Yes																
Mini Panna Raisin	Yes	No	Yes						Yes										
Croissant	Yes	No	Yes						Yes										
Fruit Muffin	Yes	No	Yes						Yes										
All Bran	Yes	Yes	Yes																
Muesli	Yes	Yes	Yes																Yes
Granola	Yes	Yes	Yes																Yes
Seeds	Yes	Yes																	Yes
Dried Raisins	Yes	Yes																	
Cornflakes	Yes	Yes																	
Weetabix	Yes	Yes																	
Full Fat Milk	Yes	Yes							Yes										
Skimmed Milk	Yes	Yes							Yes										
Mustard	Yes	Yes														Yes			
Hp Brown Sauce	Yes	No											Yes						
Gluten Free Corn Flakes	Yes	Yes																	
Gluten Free Muesli	Yes	Yes																	Yes

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