Allergen Information Morrison Grill Winter 2019 Menu - Orly Bird Menu

Menu Item/ Product Description	Dietary choices		Cereals containing gluten				Allergens present												
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)
Ardsallagh Baked Goat's Cheese																			
Grilled Courgette	Yes	Yes																	
Betroot Gnocchi	Yes	No	Yes					Yes											
Fig	Yes	Yes																	
Balsamic	Yes	Yes	Yes																
Pine Kernels	Yes	Yes																	Yes
Goat's Cheese	Yes	No							Yes										
Total	**Yes**	**No**	**Yes**					**Yes**	**Yes**										**Yes**
Prawn Pil Pil																			
Galangal	Yes	Yes																	
Garlic	Yes	Yes																	
Chilli	Yes	Yes																	
Dipping Bread	Yes	Yes	Yes																
Mixed Pepper	Yes	Yes																	
Chorizo	No	No	Yes																
Prawn	No	No									Yes								
Total	**No**	**No**	**Yes**								**Yes**								
Caesar Salad																			
Baby Gem	Yes	Yes																	
Crispy Bacon	No	No																	
Parmesan Reggiano	No	No							Yes										
Caesar Dressing	No	No						Yes	Yes	Yes									
Anchovies	No	No								Yes									
Mayonnaise	Yes	No						Yes											
Croutons	Yes	Yes	Yes																
Prawns	No	No									Yes								
Grilled Chicken	No	No																	
Total	**No**	**No**	**Yes**					**Yes**	**Yes**	**Yes**	**Yes**								
Roasted Root Vegetable Soup																			
Onion	Yes	Yes																	
Garlic	Yes	Yes																	
Tomatoes	Yes	Yes																	
Carrot	Yes	Yes																	
Turnip	Yes	Yes																	
Potato	Yes	Yes																	
Parsnip	Yes	Yes																	
Brown Soda Bread	Yes	No	Yes						Yes										
Total	**Yes**	**No**	**Yes**						**Yes**										

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Muir Is Tir																			
Braised Beef	No	No																	
Soya	Yes	Yes					Yes												
Flour	Yes	Yes	Yes																
Dingle Prawn	No	No									Yes								
Garlic	Yes	Yes																	
Mash Potato	Yes	No							Yes										
Samphire	Yes	Yes																	
Parmesan Cheese	Yes	No							Yes										
Hollandaise Sauce	Yes	No						Yes											
Total	**No**	**No**	**Yes**				**Yes**	**Yes**	**Yes**		**Yes**								
Fish Pie																			
Onion	Yes	Yes																	
Cream	Yes	No							Yes										
Salmon	No	No								Yes									
Cod	No	No								Yes									
Haddock	No	No								Yes									
Prawn	No	No									Yes								
Brown Soda Bread	Yes	No	Yes						Yes										
Mixed Leaves	Yes	Yes																	
Balsamic Dressing	Yes	Yes	Yes																
Parmesan Cheese	Yes	No							Yes										
Butter	Yes	No							Yes										
Potato	Yes	No							Yes										
Total	**No**	**No**	**Yes**						**Yes**	**Yes**	**Yes**								

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Organic Free Range Chicken Supreme																			
Free-Range Chicken Fillet	No	No																	
Flour	Yes	Yes	Yes																
Garlic	Yes	Yes																	
Gratin Potato	Yes	No							Yes										
Grilled Courgettes	Yes	Yes																	
Bluebell Fall Goat's Cheese	Yes	No							Yes										
Wild Irish Mushroom Sauce	Yes	No							Yes										
Total	**No**	**No**	**Yes**				**Yes**		**Yes**		**Yes**								
Chickpeas & Organic Vegetable Dhansak Curry																			
Chickpeas	Yes	Yes																	
Cauliflower	Yes	Yes																	
Broccoli	Yes	Yes																	
Courgette	Yes	Yes																	
Fine Beans	Yes	Yes																	
Sweet Potato	Yes	Yes																	
Lentil	Yes	Yes																	
Coconut Milk	Yes	Yes																	
Coriander Powder	Yes	Yes																	
Garan Marsala	Yes	Yes																	
Naan Bread	Yes	Yes	Yes																
Saffron Rice	Yes	Yes																	
Total	**Yes**	**Yes**	**Yes**																

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Apple Tarte Tatin																			
Puff Pastry	Yes	Yes	Yes																
Apple	Yes	Yes																	
Sugar	Yes	Yes																	
Butter	Yes	No							Yes										
Cream	Yes	No							Yes										
Buttermilk Ice-Cream	Yes	No							Yes										
Strawberry	Yes	Yes																	
Total	**Yes**	**No**	**Yes**						**Yes**										
Baileys Chocolate Mouse																			
Baileys	Yes	Yes											Yes						
Chocolate Mousse	Yes	No							Yes										
Double Cream	Yes	No							Yes										
Sugar	Yes	Yes																	
Egg	Yes	No						Yes											
Total	**Yes**	**No**						**Yes**	**Yes**				**Yes**						
Teeling Whiskey Poached Pear																			
Teeling Whiskey	Yes	Yes																	
Chocolate	Yes	No																	
Flour	Yes	Yes	Yes																
Pear	Yes	Yes																	
Brown Bread Ice-Cream	Yes	No	Yes						Yes										
Cream	Yes	No							Yes										
Butter	Yes	No							Yes										
Sugar	Yes	Yes																	
Total	**Yes**	**No**	**Yes**					**Yes**	**Yes**										