



# Allergen Information **Morrison Breakfast Menu**



Menu Item/ Product Description	Dietary choices		Cereals containing gluten				Allergens present													
	Suitable for vegetarian	Suitable for vegan	Wheat	Rye	Barley	Oat	Soya	Egg	Milk	Fish	Crustacean	Mollusc	Sulphite	Sesame	Celery	Mustard	Peanut	Tree Nut products	Tree Nut products (if present)	
<b>Hot Buffet Breakfast</b>																				
Sausage	No	No	Yes										Yes							
Bacon	No	No																		
Black Pudding	No	No	Yes										Yes							
White Pudding	No	No	Yes										Yes							
Scramble Eggs	Yes	No						Yes	Yes											
Mushroom	Yes	No																		
Tomatoes	Yes	Yes																		
Sautéed Potatoes	Yes	Yes							Yes											
Porridge	Yes	Yes	Yes						Yes											
<b>Total</b>	<b>No</b>	<b>No</b>	<b>Yes</b>					<b>Yes</b>	<b>Yes</b>				<b>Yes</b>							
<b>Continental Breakfast</b>																				
Honey	Yes	Yes																		
Myple Syrup	Yes	Yes																		
Brown Sugar	Yes	Yes																		
Strawberry Jam	Yes	Yes																		
Raspberry Jam	Yes	Yes																		
Marmalade	Yes	Yes																		
Fruit Yogurt	Yes	No							Yes											
Fresh Fruit Smoothie	Yes	No							Yes											
Soya Milk	Yes	Yes																		
Orange Segments	Yes	Yes																		
Grapefruit Segments	Yes	Yes																		
Ham	No	No																		
Brie Cheese	Yes	No							Yes											
Tomato Bread	Yes	Yes	Yes																	
Olive Bread	Yes	Yes	Yes																	
Multi Cereal	Yes	Yes	Yes																Yes	
Guinness Bread	Yes	No	Yes																	
Mini Panna Raisin	Yes	No	Yes						Yes											
Croissant	Yes	No	Yes						Yes											
Fruit Muffin	Yes	No	Yes						Yes											
All Bran	Yes	Yes	Yes																	
Muesli	Yes	Yes	Yes																Yes	
Granola	Yes	Yes	Yes																Yes	
Seeds	Yes	Yes																	Yes	
Dried Raisins	Yes	Yes																		
Cornflakes	Yes	Yes																		
Weetabix	Yes	Yes																		
Full Fat Milk	Yes	Yes							Yes											
Skimmed Milk	Yes	Yes							Yes											
Mustard	Yes	Yes															Yes			
HP Brown Sauce	Yes	No											Yes							

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Wheat Free Corn Flakes	Yes	Yes																	
Wheat Free Muesli	Yes	Yes																	Yes
Wheat Free Scones	Yes	No						Yes											
Wheat Free Bread	Yes	Yes																	
Apple Juice	Yes	Yes																	
Cranberry Juice	Yes	Yes																	
Grapefruit Juice	Yes	Yes																	
Orange Juice	Yes	Yes																	
Ketchup	Yes	Yes																	
Walnuts	Yes	Yes																	Yes
Dried Banana	Yes	Yes																	
Special K	Yes	Yes	Yes																Yes
Chocolate Muffin	Yes	No	Yes						Yes										Yes
Mini Panna Chocolate	Yes	No	Yes						Yes										
Plain Bloomer	Yes	Yes	Yes																
Cheddar Cheese	Yes	No							Yes										
Turkey	No	No																	
Ham	No	No																	
Cheese	Yes	No																	
<b>Total</b>	<b>No</b>	<b>No</b>	<b>Yes</b>						<b>Yes</b>				<b>Yes</b>			<b>Yes</b>			<b>Yes</b>